



Holy Family Cathedral Parish

Holy Family Cathedral
Michael's Mount

St. Martin de Porres
Parham

St. Anthony's
Potters

St. Francis of Assisi
Villa

Good Samaritan
Donovans



P.O. Box 16, St. John's Antigua ♦ Email - hfc.antigua@gmail.com ♦ Phone 268 560-2693 ♦ 268 461-1127

"Faith and Unbelief"

4TH SUNDAY OF LENT - 15TH MARCH, 2026 - A

WEEKDAY MASS SCHEDULE

Monday

Holy Family Cathedral 6:00 pm

Tuesday

Holy Family Cathedral 6:00 am
St. Anthony's Potters 6:00 pm

Wednesday

Holy Family Cathedral 6:00 pm

Thursday

Holy Family Cathedral 6:00 am
St. Francis of Assisi, Villa 6:00 pm

Friday

Holy Family Cathedral 12:15 noon

Saturday

Holy Family Cathedral 8:00am

HOLY FAMILY CATHEDRAL ADORATION HOURS

Fridays

1:00 pm - 7:00 pm in the Chapel

Saturdays

7:00 am - 8:00am in the main
Cathedral

LAST WEEK'S COLLECTION

8th March, 2026

Cathedral	1st	2nd
Saturday 6:00 pm	\$1,936.93	\$ 833.96
Sunday 7:00 am	\$1,596.59	\$ 305.22
9:00 am	\$2,744.82	\$ 544.39
Out Stations		
Potters	\$ 478.70	\$ 72.10
Parham	\$ 245.05	\$ 168.35
Villa	\$ 920.11	\$ 419.76
Diocesan Schools	\$ 85.00	-

Thanks for your Generosity

LENTEN MISSION - Monday 16th to Wednesday 18th March, 2026 from 6:30pm at Holy Family Cathedral. Guest Speaker Fr. Courage Dogbey from St. Kitts. Three nights of spiritual upliftment during our Lenten Journey.

Stations of the Cross continues every Friday at 7:00pm at Holy Family Cathedral.

DURING THIS LENTEN SEASON SALT FISH CAKES, FISH & BAKES will be on sale Fridays after Stations of the Cross. We look forward to your support and fellowship.

BIBLE QUIZ COMPETITION UPDATE!! NEW DATE - APRIL 17th! Due to the slow registration, for this to be deemed a competition, it has been decided to give groups some more time to register. A team is made up of no more than 3 persons. For persons who have not experienced the competition since there was a pause, this is how it is done: The questions are asked, the teams have a time limit to discuss and write the answers on the paper provided which is collected after each question, and recorded by the scorers. A simple process which does not require individuals to speak. Get ready. Register! **BOOKS TO STUDY: Genesis chapters 37 - 50 and St. Paul's letter to Philemon. REGISTRATION IS OPEN!** Call the Pastoral Centre at 560-2693. May the Word of God be a light and a lamp in our lives!

A workshop on bereavement, "The Journey Through Grief" will take place on Thursday, March 26, 2026 at 7:00pm at the St. Francis of Assisi Catholic Church in Villa.

UPCOMING IN MARCH

- **THE PATRONAL FEAST OF ST PATRICK** - Tuesday 17th March, 2026 at Holy Family Cathedral - 6:00am
- **THE PATRONAL FEAST OF ST JOSEPH** - Thursday 19th March, 2026 at Holy Family Cathedral - 6:00am
- **THE ANNUNCIATION OF THE LORD**— Wednesday 25th March, 2026 at Holy Family Cathedral - 6:00pm
- **24 HOUR ADORATION** - Friday 27th March to Saturday 28th March - 8:00am to 8:00 am
- **FESTIVAL OF RECONCILIATION** - Saturday 28th March - 9:00am to 12:00 noon
- **SATURDAY - 28th MARCH** - Holy Family Cathedral - 6:00pm
- **PALM SUNDAY - 29th March** Holy Family Cathedral - 9:00am. ONE PARISH MASS

UPCOMING IN APRIL

- **HOLY THURSDAY - WASHING OF THE FEET** - 2nd April, 2026 at Holy Family Cathedral at 7:00pm
- **GOOD FRIDAY - 3rd April, 2026** - Stations of the Cross from Our Lady of Perpetual Help - Tyrells to Mt Tabor Retreat Centre - 8:00am.
- Persons wishing to park at the Cathedral - buses will be available for transportation to and from. The buses will leave the Cathedral at 7:30 a.m.
- The Good Friday Service will be held at 3:00pm at Holy Family Cathedral.

• **HOLY SATURDAY - EASTER VIGIL**—Bonfire begins at 10:00pm.

Parishioners are reminded to bring their candles.

• **EASTER SUNDAY - 5th April, 2026**

- 9:00 am at Holy Family Cathedral
- 9:00 am at Parham
- 11:00 am at Potters
- 11:00 am at Villa

• **DIVINE MERCY SUNDAY - 12th April, 2026 - 3:00pm** at Holy Family Cathedral.

• **GOOD SHEPHERD SUNDAY - 26th April, 2026**

FUNERALS ANNOUNCEMENTS

The funeral Service for Festus Adolphus France will be held on Monday 16th March, 2026 at 2:00pm at Holy Family Cathedral.

The funeral Service for Mrs. Gweneth A. Bryan will be held on Wednesday 25th March, 2026 at 10:00 am at Holy Family Cathedral.

The funeral Service for Leroy Cabey will be held on Friday 27th March, 2026 at 2:00pm at Holy Family Cathedral.

The funeral Mass for Ms. Inez Henry the mother of Louise Henry will be held on Wednesday 1st April, 2026 at 10:00 am at Holy Family Cathedral.

“OUR ACTIONS HAVE A TONGUE OF THEIR OWN, THEY HAVE AN ELOQUENCE OF THEIR OWN, EVEN WHEN THE TONGUE IS SILENT. FOR DEEDS PROVE THE LOVER MORE THAN WORDS.”

- Saint Cyril of Jerusalem

CHRIST BESIDE ME. CHRIST BEFORE ME. CHRIST BEHIND ME, CHRIST WITHIN ME, CHRIST BENEATH ME, CHRIST ABOVE ME.

- Saint Patrick

LENTEN PANTRY DRIVE

Support the Lenten Drive!

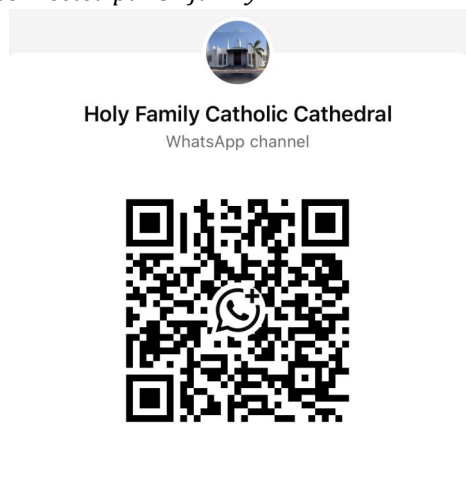
Drop your non-perishable food items in the bins located at the church doors. Collected donations will be packaged and distributed to those in need of assistance.

Thank you for your generosity and support during this Lenten season!

JOIN OUR NEW INITIATIVE TO STAY CONNECTED

We are excited to announce the launch of Holy Family Cathedral WhatsApp Channel.

This channel will keep you updated with parish news, events, and important announcements right at your fingertips. Please scan the QR code displayed around the church to subscribe and stay informed. *Together, let's build a stronger, more connected parish family!*



PRE-COMMUNION REGISTRATION NOW OPEN!

All children 7 years old—from Catholic and non-Catholic schools—must now attend Pre-Communion sessions before registering for First Holy Communion. Sessions: April 2026 – June 2027 (excluding school breaks)

Registration: Open now

Requirement: Mandatory for all children before First Communion.

Parents/guardians are encouraged to take note and register early. For further details, please contact the Parish or Catechetical Office.

PRE-ORDER OF THE NEW HYMNAL

To help improve our liturgical celebrations and make participation easier for everyone, we are now taking **pre-orders for the new hymnal**.

If your current hymnal is the older version (up to 2013) or is in poor condition, you are invited to reserve a new copy. The cost is **\$70 EC**.

Orders can be placed through **Sr. Edita** at St. Lwanga Youth Centre or with **Mrs. Lesley Roberts and Mrs. Charmaine Donovan**, after the **Saturday night Mass** or the **Sunday 9:00 am Mass**.

Once the order list is completed, the hymnals will arrive within a few weeks.

Please note that the older version of the hymnal (up to 2013) will no longer be used.

Thank you for your support in enhancing our worship experience.

PRAYER FOR THE SICK & SHUT- INS:

Dear Jesus, Divine Physician and Healer of the sick, we turn to you in this time of illness. O dearest comforter of the troubled, alleviate our worry and sorrow with your gentle love, and grant us the grace and strength to accept this burden. Dear God, we place our worries in your hands.

We place our sick under your care and humbly ask that you restore your servants to health again. Amen.

Gillian Howie, Catherine Durand, Georgina-Glave-Toussaint, Catherine DeTouche, Edward Lewis, Arnold Gomes, Jean James, Conrad Looby, Cecelia John, Justin Joseph, Carmen Ambrose, Tyler Lockhart, Joan Underwood, Cosmas Rowe, Andrea Brown, Niethia Dyer, Victor Charles, Junie Browne, Cheralyn Beazer, Anthony Mathurin, Shirley Dyer.

READINGS FOR THE WEEK

Sunday 15th March

First Reading

1 Samuel 16: 1, 6,7,10-13

Responsorial Psalm

Psalm 23: 1- 6

Second Reading

Ephesians 5: 8-14

Gospel

John 9: 1-41



"If you were blind, you would not be guilty. But you say, 'We see' this is the proof of your sin."

Monday 16th March

Isaiah 65: 17-21

Psalm 30: 2,4,5,6,11,12,13

John 4: 43-54

Tuesday 17th March

Ezekiel 47: 1-9, 12

Psalm 46: 2,3,5,6,8,9

John 5:1-16

St. Patrick, bishop

Wednesday 18th March

Isaiah 49: 8-15

Psalm 145: 8,9,13,14,17,18

John 5: 17-30

St. Cyril of Jerusalem, bishop and doctor

Thursday 19th March

2 Samuel 7: 4,5,12-14,16

Psalm 89: 2-5, 27, 29

Romans 4: 13, 16-18, 22

Matthew 1: 16,18-21,24

Solemnity of St. Joseph, husband of Mary

Friday 20th March

Wisdom of Solomon 2: 1, 12-22

Psalm 34: 17-21, 23

John 7: 1-2, 10,25-30

Day of abstinence from meat

Saturday 21st March

Jeremiah 11: 18-20

Psalm 7: 2,3,9,10,11,12

John 7: 40-53

WHAT THE 1ST READING SAYS TO ME

The readings of this Lenten season have a baptismal character as we are preparing for a renewal of our baptismal commitment to God at Easter. Two elements of this reading throw light on baptism: (1) God's free choice: God chose the youngest son of Jesse, not the others: "There anoint him, for this is the one!" (2) The meaning of the baptismal anointing: Priests, prophets and kings were anointed. Especially the kings were seen as the "Lord's anointed" - Messiah - Christ. Anointed to royal dignity, the king was viewed as God's adopted son with "the spirit of the Lord...upon" him. At baptism, the anointing with chrism brings out our royal dignity as adopted children of God. God chose you! It is not the other way around. You share God's life and are filled with the Spirit through baptism. Be appreciative!

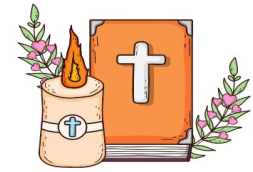
WHAT THE 2ND READING SAYS TO ME

"You are light in the Lord" through faith sealed with baptism. It is a basic human symbol: light as good and darkness as evil. "Live as children of light." Take a stand, as suggested in the theme. It concerns the Christian life-style: "goodness and righteousness and truth" as opposed to "the fruitless works of darkness." Lent should wake us up, make us aware of what we should be as Christians. "Awake, O sleeper!"

WHAT THE GOSPEL SAYS TO ME

The main point of this reading (God's word) seems to be the need of faith to accept the rejection, suffering, death and resurrection of Jesus and in it our own life cycle: suffering, death, life everlasting. Jesus' (and our) paschal mystery-passage through suffering and death to eternal life is one of the basics of Christian wisdom. "Father, you enlighten all who come into the world. Fill our hearts with the light of the gospel."

LECTIO DIVINA



"The Living Water."

Read: Samuel is portrayed in the first reading as the prophet searching for the Lord's chosen king of Israel. He found David, the one God chose, and he anointed him. In the gospel, Jesus healed the man born blind. The blind one receives the light of faith in Jesus, while those who could see clearly and were educated in the Law remained spiritually blind and did not recognize the Lord. Meanwhile, Paul emphasized in his letter to the Ephesians that those who believe in the Lord are no longer in darkness but have become children of light.

Reflect: The man born blind undergoes a three-stage journey of faith in the Lord. First, he sees Jesus as a mere man. Then, he recognizes Him as a prophet. Finally, he worships Him as Lord. This is in contrast to the Pharisees who are experts of the Law and their faith tradition but remained blind to the Lord's presence in their midst. Like the blind man, our faith in the Lord also has to grow, moving from mere knowledge to sincere trust and to true worship. Jesus is the light of the world, opening our eyes to truth. May we, too, walk this path of faith, seeing Christ and his revelation more clearly each day.

Pray: Lord, help us see you and your presence so we can honestly believe and trust you.

Act: Pray for those who are physically blind and persons with disabilities



Restaurant and fresh pita bread
 Popeshead street
 562 6885 - 562 4136

Signs AND Impressions

The QUICK Printing Specialist
(268)562-4839 EXT#81



- Printers
 - Copiers
 - Furniture
- (268)562-4839**

Call #562-5639 or visit - website **SUBWAY**
www.subwayantigua.com
 We are located in Caribbean Cinema Complex
 Redcliffe Street & Old Parham Road - "Download our App
 today from the Apple or Google Play Store for easy ordering.
 Eat and Earn Loyalty points via our App".

EXOTIC ANTIGUA
 NEW ARRIVALS NOW IN STOCK
 FOR ALL OF YOUR CLOTHING NEEDS
 OPEN MONDAY TO SATURDAY 9AM TO 5PM
 REDCLIFFE QUAY CALL US AT 562-1288

Harney Motors Ltd.

462-1062

Ace Enterprises Ltd.

462-1289

SPACE AVAILABLE

WHEN WAS THE LAST TIME YOU VISITED WESTRADING CO LTD?

TILES, ACS, COMPRESSORS, WATER PUMPS, PRESSURE TANKS,
 WATER HEATERS & MORE. VISIT OUR NEW SHOWROOM IN
 CASSADA GARDENS OR CALL 462-9425 MENTION THIS AD FOR
 A SPECIAL OFFER.

TOWNHOUSE MEGASTORE

NEED A CARE-GIVER
AT HOME FOR A LOVED ONE?
DURING THE DAY (12HRS)

CALL ALLISON @774-2125

THE LAND SHOP
 Get Your Leather Items Engraved
 for \$10.00 a letter

Call 462-0746 for more information

BELLE VUE HEIGHTS SERVICE STATION
 P O Box 420, All Saints Road
 Tel: 463-3938

WATSON'S DRINK DEPOT & PARTY SNACKS
TYRE MAXX / TYRE SPECIALISTS "NEW & USED"
 Nankang Kumbo Camac Matador

FOR ALL YOUR TRAVEL
 AND GROUPS NEEDS CONTACT

CARIB WORLD TRAVEL

Tel: 480-2999 Ext 2981
 E-mail: info@carib-world.com

SPACE AVAILABLE

HARBOUR VIEW BAR AND CAFÉ
 OPEN MONDAY TO SATURDAY FROM 9am TO 5pm.
 SERVING THE BEST COFFEE - PLUS THE BEST COCKTAILS.
 OPEN FOR BREAKFAST, LUNCH AND SNACKS. THE ONLY
 BALCONY VIEW ON THE ISLAND. REDCLIFFE QUAY UPSTAIRS
 EXOTIC ANTIGUA TEL: 462-2972/464-8551/782-4000

SHOUL'S TOYS GIFTS & HOUSEWARES

ANTIGUA'S FAMILY STORE
 NEWGATE STREET
 Opening Hours -
 Mon to Sat 8:30am to 5:00pm

Moni's Cakes & Crafts

Cakes & Edible Printing Services
 Crafted with care, served with joy.
 Mention this bulletin AD for a discount.
 Tel 724-5508

JOHN F. SHOUL
HOUSEHOLD, FURNISHINGS & ACCESSORIES

"CLOTHING FOR THE ENTIRE FAMILY"
 MON - SAT 8:30am - 5:00pm

Serenity Flowers
FUNERAL WREATHS
 Ecofriendly & Regular
WREATHS for Sale
 Call: 719-8783/461-2482